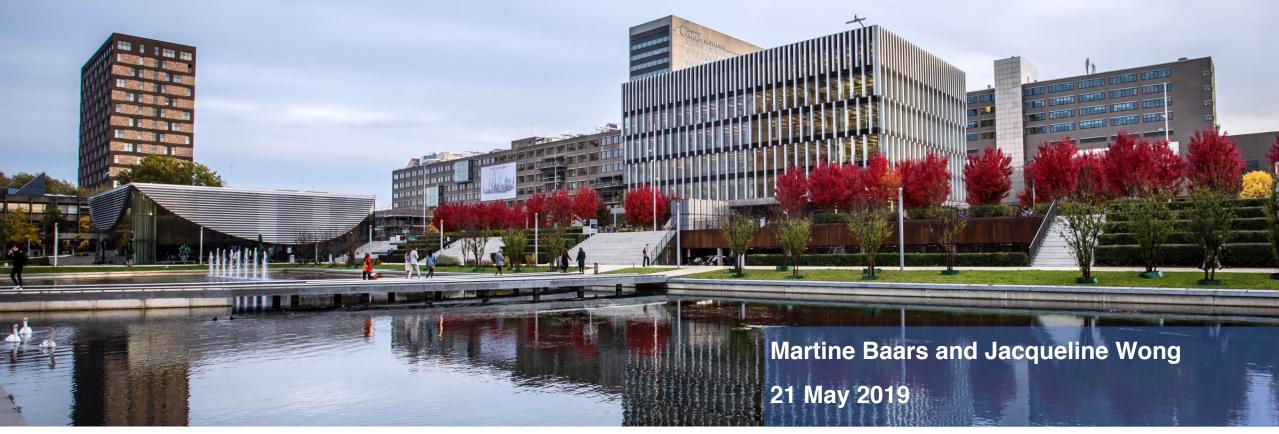
Technology-Enhanced Learning in Higher Education Interactive Workshop IV: Online Self-Regulated Learning



Leiden • Delft • Erasmus

Centre for Education and Learning





Erasmus University Rotterdam





What does Self-regulation mean?

Self-regulation in various domains





What does regulation of learning mean?



Regulating Learning

Self-Regulated Learning

- The individual as a regulator of a behavior.
- Learners actively interpret and reorganize ideas.

Co-Regulated Learning

- Learners and others share a common problemsolving plane
- A learner and another (often a more capable other, e.g., a more advanced student, peer tutor) sharing in the regulation of learning for the learner.

Socially Shared-Regulated Learning

- Multiple learners regulating their learning collectively.
- Socially shared cognition whereby goals and standards are co-constructed

Self-regulated learning

Performance

Self-Control

Imagery
Self-instruction
Attention focusing
Task strategies

Self-Observation

Self-recording Self-experimentation



Forethought

Task Analysis

Goal setting Strategic planning

Self-Motivation Beliefs

Self-efficacy
Outcome expectations
Intrinsic interest/value
Learning goal orientation

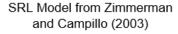
Self-Reflection

Self-Judgment

Self-evaluation
Causal attribution

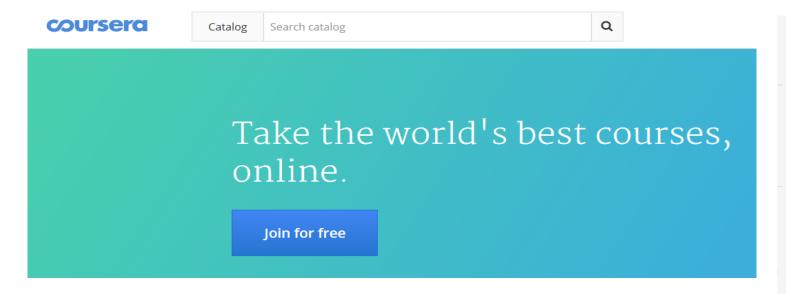
Self-Reaction

Self-satisfaction/affect Adaptive/defensive

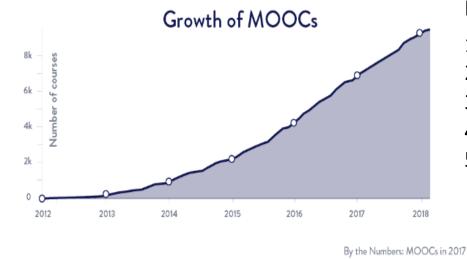


Self-regulation and online learning





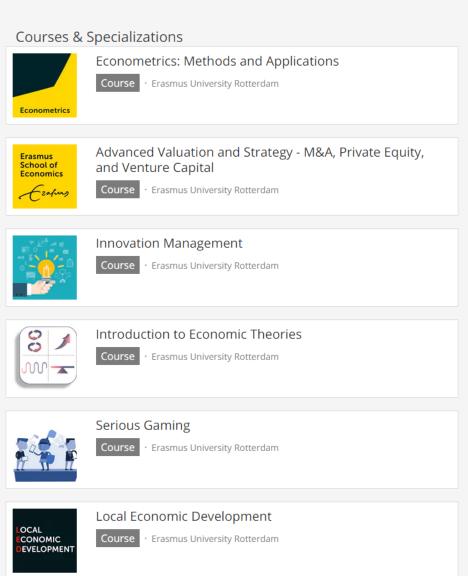
ELASS CENTRAL



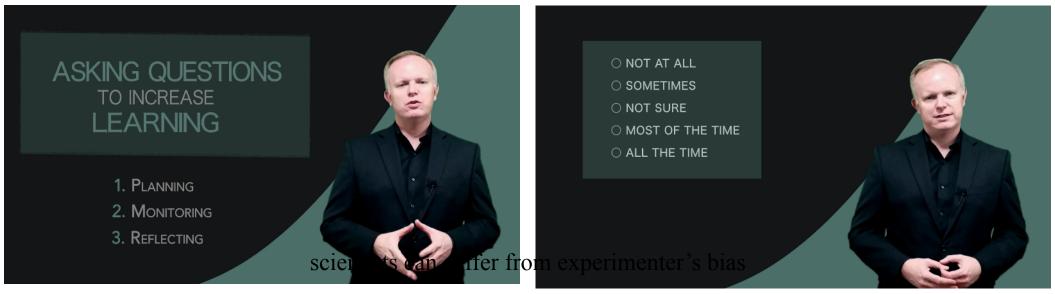
Registered Users

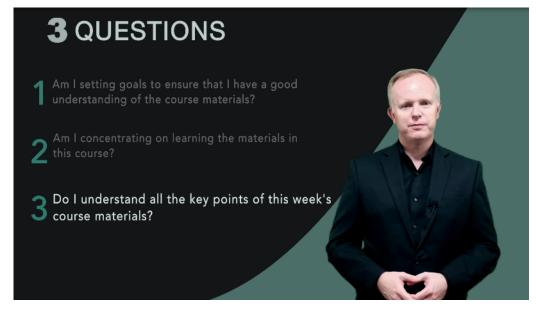
- 1. Coursera –
- 2. edX –
- 3. XuetangX –
- 4. Udacity -
- 5. FutureLearn -

Data from: https://www.class-central.com/report/mooc-stats-2017/

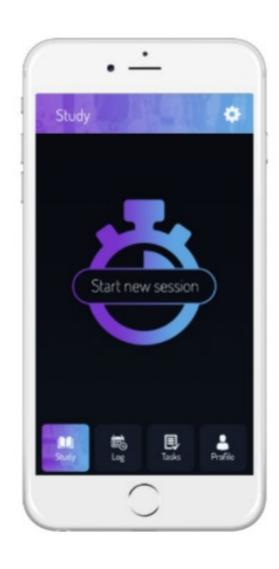


Weekly Videos Supporting SRL in MOOCs – Jacqueline Wong









Ace your self-study app



Study Strategies

Choose from 20+ study strategies.



Study Log

Keep track of your study sessions. Learn what strategies best suit you.



Study Sessions

Customize your own study session by selecting your study task, strategy, and goal.

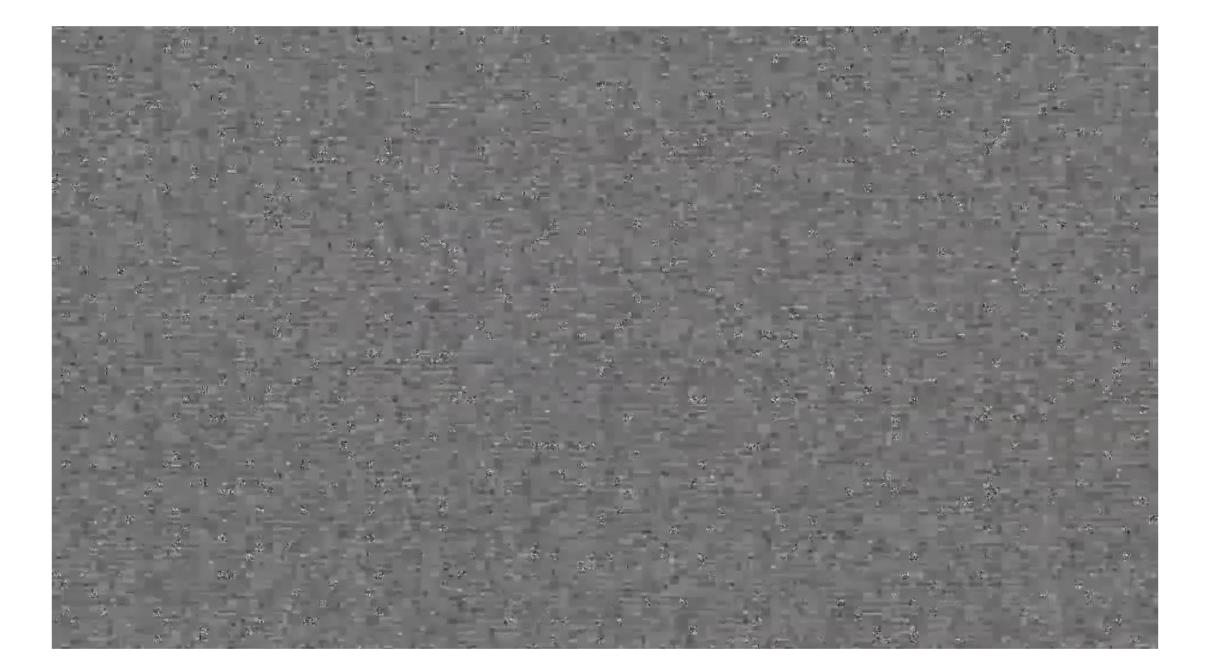


Easy to Use

Start, setup and stop sessions as needed. Is a study strategy not working? Start up a new session.



A Get the app



Martine Baars

Email: baars@essb.eur.nl

Come join our workshop!



Jacqueline Wong

Email: wong@essb.eur.nl









